



Beatrice "Bebe" W. Hansen, MSSW, PCC

Presence-Based® Coaching

bebe@presencebasedcoaching.com

713-857-1506



PRESENCE-BASED®
COACHING

Bebe integrates her extensive family business experience with her psychotherapy background to support leaders, groups and organizations in building leadership skills and capacities. She is a leadership coach, consultant and trainer, and has worked with leaders in the private, non-profit and government sectors.

Bebe is the Principal of Presence-Based® Coaching and has taught and developed the curriculum for many years with Doug Silsbee, PCC, the program's founder. Bebe continues to teach this cutting edge, ICF approved coach-training program with an outstanding team of Presence-Based practitioners and facilitators that she has personally trained. She delivers PBC, Presence-Based® Leadership and Presence-Based® Resilience trainings online and in person in Asheville, NC, around the US and internationally.

Bebe has an ongoing commitment to yoga and meditation practices and has been a practitioner of the Diamond Approach spiritual path since 2001. She enjoys road trips with her husband, traveling with her two grown daughters and son in law, and is a first-time grandmother. She can occasionally be found walking in the mountains of North Carolina and creating delicious desserts for family and friends.

Education:

- BA in Business, Trinity University, San Antonio, Texas, 1980
- MSSW (MS in Social Work), University of Texas at Austin, 1991

Certifications and Ongoing Professional Development:

- Trauma-Informed Coaching 2023
- Integrated Somatic Trauma Therapy 2023
- Narrative Coach™ Certified Practitioner 2020
- Certified in FEBI, Focus Energy Balance Indicator Instrument, 2018
- Certified in Systemic Constellations, Institute for Integrative System Dynamics, 2017
- Certified in Barrett Values, CTT level 1, 2017
- The Leadership Circle, Profile Certification, 2016
- Certified Presence-Based® Coach, 2013
- International Coach Federation, 2012
- Certified Somatic Coach, The Strozzi Institute, 2011
- Founding member of DC Somatics Practice Group, since 2011
- Certified Enneagram Teacher, Enneagram Institute, 2008
- Certified Relationship and Body-Mind Vibrance Coach, Hendricks Institute, 2007
- Certified Toltec Teacher, (in the lineage of don Miguel Ruiz, author of the bestselling *The Four Agreements*), 2004