



Beatrice "Bebe" W. Hansen, MSSW, PCC

Presence-Based® Coaching
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Bebe integrates her extensive family business experience with her psychotherapy background to support leaders, teams and organizations in building leadership skills and capacities. She is a leadership coach, consultant and trainer, and has worked with leaders in the private, non-profit and government sectors.

Bebe is the Principal of Presence-Based® Coaching and has taught and developed the curriculum for many years with Doug Silsbee, PCC, the program's founder. Bebe continues to teach all levels within this cutting edge, ICF approved coach-training program. She also delivers PBC and Presence-Based® Leadership development training in Asheville, NC, around the US and internationally.

Bebe has an ongoing commitment to yoga and meditation practices, and has been a practitioner of the Diamond Approach spiritual path since 2001. She enjoys road trips with her husband, traveling with her two grown daughters and son in law, and is a recent first-time grandmother. She can occasionally be found creating delicious desserts for family and friends.

Education:

- BA in Business, Trinity University, San Antonio, Texas, 1980
- MSSW (MS in Social Work), University of Texas at Austin, 1991

Certifications and Ongoing Professional Development:

- Narrative Coach™ Certified Practitioner 2020
- Certified in FEBI, Focus Energy Balance Indicator Instrument, 2018
- Certified in Systemic Constellations, Institute for Integrative System Dynamics, 2017
- Certified in Barrett Values, CTT level 1, 2017
- The Leadership Circle, Profile Certification, 2016
- Certified Presence-Based® Coach, 2013
- International Coach Federation, 2012
- Certified Somatic Coach, The Strozzi Institute, 2011
- Founding member of DC Somatics Practice Group, since 2011
- Certified Enneagram Teacher, Enneagram Institute, 2008
- Certified Relationship and Body-Mind Vibrance Coach, Hendricks Institute, 2007
- Certified Toltec Teacher, (in the lineage of don Miguel Ruiz, author of the bestselling *The Four Agreements*), 2004