

Nested Dynamism: Context, Identity and Soma

Context

“Super-system” of many humans, interacting as each constructs and defends an Identity. The complex situation around us

Constant dynamic exchange of energy and information



Identity

“Self-system.” Who I imagine myself to be, which is directly affected by what happens in the Context, and is supported and defended by the Soma.

Constant dynamic exchange of energy and information



Soma

“Sub-systems” of the Self: the conditioned psychobiology that constructs and defends an Identity.

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