Doug Silsbee is a thought leader in the fields of Presence-Based Coaching, leadership development and resilience. He is a leadership coach, trainer of coaches, speaker, and author in Asheville, NC.

Doug’s original work integrates deep experience in organization and leader development with mindfulness, interpersonal neurobiology, somatics and developmental psychology. Two books, ***The Mindful Coach*** and ***Presence-Based Coaching***, are the basis for his leading edge coach certification program, accredited by the International Coach Federation (ICF.)

Doug is certified as a Master Somatic Coach with the prestigious Strozzi Institute. He is a sought-after presenter for ICF and other international conferences, and has taught at the Brookings Institution, UCLA Executive Education, Georgetown University’s Institute for Transformational Leadership, George Mason University, and the Federal Executive Institute.

With his wife Walker, Doug created a carbon neutral mountain retreat center north of Asheville, North Carolina. They have three grown children and two very loved grandsons, enjoy exploring the country in their homey Airstream trailer named Hobbes, and are avid photographers.