# LIPCC Application Process and Questions

The Living In Presence Coaching Course (LIPCC) is an advanced coach training course for graduates of the Presence-Based® Coaching Course. It is a six-month commitment, includes two four-day retreats, and engages students in a variety of integrated learning methodologies. If you have not done so, please read the course description carefully, on the [Course of Study page.](http://presencebasedcoaching.com/coach-training/course-of-study/#toggle-id-4)

The course expands the core methodology of Presence-Based Coaching in time, exploring how to partner in an extended coaching relationship over six months, with jointly developed outcomes, rigorous assessments along the way, and a completion process. We contextualize coaching in a robust model of lifelong development.

The course includes virtual classes, on-going peer coaching relationships, work in pods, and (weather permitting) presence work with horses. Students intending to participate in LIPCC are requested to complete this application. We include your responses to these questions in our overall assessment of your readiness to participate in, and contribute to, LIPCC. We commit to a prompt response, along with the grounding for our decision.

Our criteria for acceptance include:

* commitment to Presence-Based Coaching methodology and application,
* the capacity to receive and work with feedback,
* self-awareness around habits, and the capacity to consistently self-regulate and participate fully in community, and
* demonstrated competency in Presence-Based Coaching methods.

Please complete this form, and send as an attachment via email to [bebe@presencebasedcoaching.com](mailto:bebe@presencebasedcoaching.com). Lengthy responses are discouraged: a concise paragraph on each will be just right!

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These questions are intended to be thought-provoking and developmental. Each requires self-assessment and self-knowledge, and as such, are helpful for us as faculty in supporting your learning. One or two paragraphs on each are about right. There are no correct or wrong answers.

***Name:* Select and type**

1. What are key elements of the feedback, in relation to your coaching, that you received from other students and from faculty during the Presence-Based Coaching and/or Mentor Coaching courses? How have you already worked with and integrated this feedback? What do you intend as further development around this? **Type**
2. Please describe a coaching session, based on your practicing Presence-Based Coaching methodology outside of our retreats, that your client experienced as helpful. Please describe both the specific relational moves (doing) and inner moves (being) that, from your perspective, contributed to the client’s experience. What is your evidence this was helpful to the client? **Type**
3. Please describe a habit that provides an on-going challenge for you to recognize and work with as you coach. **Type**
4. What habits, that affect how you show up in relationships and in community, are you working with? What evidence do you see of your capacity to self-regulate around these habits, for the sake of giving and receiving fully in community? **Type**
5. Please describe how you see Presence-Based Coaching in the context of your overall professional offer. Provide evidence for how you have been (or envision) integrating this work into your coaching practice, and how you intend for LIPCC to further shape what you do in the world. **Type**
6. How do you believe that LIPCC will support your personal development moving forward? **Type**