Bebe is a partner in Presence-Based® Coaching, teaches all levels of the certification program, heads up the Mentor Coaching program, and supports students through the certification process.

Bebe integrates her extensive family business experience with her psychotherapy background to support leaders, teams and organizations in building leadership skills and capacities. She is a leadership coach and trainer, and has worked with leaders in the private, non-profit and government sectors.

Bebe is a senior faculty member and teaches this ICF approved coach training with Doug Silsbee and with other trained faculty members. Bebe designed the PBC Mentor Coaching course, and delivers this virtual course with a team that she has trained. She also delivers leadership development training around the Washington, DC metro area.

Bebe has an ongoing commitment to yoga and meditation practices, and has been a practitioner of the Diamond Approach spiritual path since 2001. She enjoys road trips with her husband and spending time with her two grown daughters (and son in law). On weekends she enjoys reading for her book club and whipping up tasty meals with friends. She can occasionally be found sailing the Potomac.

Bebe earned a BA in Business from Trinity University, San Antonio, Texas, in1980, and an MS in Social Work from the University of Texas at Austin in 1991.

Some of Bebe’s certifications and community work include:

* International Coach Federation, PCC, 2015
* Certified Presence-Based® Coach, 2013
* Certified Somatic Coach, The Strozzi Institute, 2011
* Professional Development committee, ICF DC Metro chapter, member since 2011
* Founding member of DC Somatics Practice Group, since 2011
* Certified Enneagram Teacher and AWTP Teacher (Enneagram Institute), 2008
* Certified Relationship and Body-Mind Vibrance Coach, (Hendricks Institute), 2007
* Certified Toltec Teacher, (in the lineage of don Miguel Ruiz, author of the bestselling *The Four Agreements*), 2004
* Licensed Master’s of Social Work in Texas, 1991