



## Beatrice "Bebe" W. Hansen, MSSW, PCC

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Bebe integrates her extensive family business experience with her psychotherapy background to support leaders, teams and organizations in building leadership skills and capacities. She is a leadership coach, consultant and trainer, and has worked with leaders in the private, non-profit and government sectors.

Bebe is a senior faculty member and teaches all levels of this ICF approved coach training with Doug Silsbee, PCC, founder of Presence-Based® Coaching. Bebe designed the PBC Mentor Coaching course, and delivers this virtual course with a team that she has trained. She also delivers leadership development training around the Washington, DC metro area.

Bebe has an ongoing commitment to yoga and meditation practices, and has been a practitioner of the Diamond Approach spiritual path since 2001. She enjoys road trips with her husband and spending time with her two grown daughters (and son in law). On weekends she enjoys reading for her book club and whipping up tasty meals with friends. She can occasionally be found sailing the Potomac.

### **Education:**

- BA in Business, Trinity University, San Antonio, Texas, 1980
- MSSW (MS in Social Work), University of Texas at Austin, 1991

### **Certifications and Community work:**

International Coach Federation, PCC, 2015

Certified Presence-Based® Coach, 2013

Certified Somatic Coach, The Strozzi Institute, 2011

Professional Development committee, ICF DC Metro chapter, member since 2011

Founding member of DC Somatics Practice Group, since 2011

Certified Enneagram Teacher and AWTP Teacher (Enneagram Institute), 2008

Certified Relationship and Body-Mind Vibrance Coach, (Hendricks Institute), 2007

Certified Toltec Teacher, (in the lineage of don Miguel Ruiz, author of the bestselling *The Four Agreements*), 2004

Licensed Master's of Social Work in Texas, 1991